



Nevada  
Breastfeeding Coalition

## 2026 Nevada Breastfeeding Coalition Lactation Resource Guide

[www.nvbreastfeeding.org](http://www.nvbreastfeeding.org) Sponsored by: Southern Nevada Health District

### Southern Nevada

#### Lactation Consultants

**\*Rosemarie Arroyo, IBCLC, CIMI**

My Breast Life [www.mybreastlife.com](http://www.mybreastlife.com)  
(702) 592-7673 [RA.IBCLC@gmail.com](mailto:RA.IBCLC@gmail.com)

**\*Semaj Bruce, IBCLC**

Breastfeeding with Maj  
(702) 720-5198 [www.breastfeedingwithmaj.com](http://www.breastfeedingwithmaj.com)

**\*Suzette Cruz RN, BSN, IBCLC** (Telehealth)

(702) 812-2223 [hottutu1@gmail.com](mailto:hottutu1@gmail.com)

**Taryn Cortini, IBCLC**

(818) 984-3086 [taryn.cortini@gmail.com](mailto:taryn.cortini@gmail.com)

**Chante Derella, MA**

MamaishCare  
(702) 421-5798 [chante@mamaishcare.com](mailto:chante@mamaishcare.com)

**Mihaela Dumitru, IBCLC**

(702) 525-2275 [mihaela.dumitru4321@gmail.com](mailto:mihaela.dumitru4321@gmail.com)

**Monique Gatel, CLC**

Milky Way Collective [gomilkyway.org](http://gomilkyway.org)  
702-900-3372 [monique@gomilkyway.org](mailto:monique@gomilkyway.org)

**Jessica Griffin, RN, IBCLC**

Lumina Lactation <https://luminalactation.com>  
772-212-1516 [info@luminalactation.com](mailto:info@luminalactation.com)

**\*Nicolette Harridge RN, BSN, IBCLC**

(702)764-9290 [www.breastfeedingsupportlv.com](http://www.breastfeedingsupportlv.com)  
[Nicolette@breastfeedingsupportlv.com](mailto:Nicolette@breastfeedingsupportlv.com)

**\*Alura Hirsch IBCLC**

Vegas Valley Lactation  
(702) 483-0791 [www.vegasvalleylactation.com](http://www.vegasvalleylactation.com)

**\*Rikki Jenkins, BS, IBCLC, CLC, CBE, Doula**

Sacred Journey LV  
(702) 508-8853 [www.sacredjourneylv.com](http://www.sacredjourneylv.com)

**Kayla Kirk, IBCLC, LEC**

K + K Lactation  
(702)625-1307 [www.kplusklactation.com](http://www.kplusklactation.com)

**Iris Kwan, IBCLC**

909-764-1977 [iriskwan@yahoo.com](mailto:iriskwan@yahoo.com)

**\*Brittini Lents BS, IBCLC, ALC**

Latch Las Vegas  
(702) 530-7665 [www.latchlasvegas.com](http://www.latchlasvegas.com)

**\*Ednalyna Martin IBCLC, CBE,**

HypnoBirthing Instructor  
(725)260-4911 [www.thebirthtribe.com](http://www.thebirthtribe.com)

**Mari McClenney, IBCLC**

Aloha Nutrition  
(808) 208-4719 [www.aloha-nutrition.com](http://www.aloha-nutrition.com)

**Colette Moore, BSN, RN, IBCLC**

(702) 217-0882 [www.lasvegasbreastfeeding.com](http://www.lasvegasbreastfeeding.com)

**Beth Nangano, MPH, IBCLC**

Mindful Lactation <https://mindfullactationlv.square.site/>  
702-518-0876 [Mindfullactationlv@gmail.com](mailto:Mindfullactationlv@gmail.com)

**Ana Saldivar, IBCLC**

702-232-0644 <https://lactationsupportforyou.com/>  
\*pump assessment and pressure testing

**\*Angela Surette, MSN, RN**

(707) 761-7857 [angelasurette79@gmail.com](mailto:angelasurette79@gmail.com)

**\*Autumn Wake, RN, BSN, IBCLC**

Advanced Breastfeeding Support of LV  
(702)764-9290 [www.breastfeedingsupportlv.com](http://www.breastfeedingsupportlv.com)

**\*Takes some insurances**

**\*Disclaimer** Nevada Breastfeeding Coalition cannot be held liable for the practices of providers listed on our resource page. It is for informational resource purposes only. If you have concerns about a provider on this listing, please contact us [info@nvbreastfeeding.org](mailto:info@nvbreastfeeding.org). Providers listed in this directory, unless otherwise indicated, charge a fee for their services. Some have a sliding scale, and some accept insurances. The credentials listed after their names are listed as the individual requested and described. None have been verified by NVBC.

#### Lactation Counselors

**Aisha Fanning, CLEC, Infant Feeding Specialist/Educator**

Vegas Family Doulas  
(702) 907-6378 [www.vegasfamilydoulas.com](http://www.vegasfamilydoulas.com)

**Victoria Flores, CLE**

702-972-5610 <https://semillasyflores.org>

**Evelyn McCarroll, RN**

The Mama Coach (lactation and sleep coach)  
(702)610-0281  
[www.evelyn-mccarroll.themamacoach.com](http://www.evelyn-mccarroll.themamacoach.com)

**Jefferyanna Nelson, CLC, Doula**

(702) 245-9100 [www.swbirthpartners.com](http://www.swbirthpartners.com)



# 2026 Nevada Breastfeeding Coalition Lactation Resource Guide

[www.nvbreastfeeding.org](http://www.nvbreastfeeding.org) Sponsored by: Southern Nevada Health District

## Southern Nevada

### Additional Resources

#### **Kelly Carter, MS, CCC-SLP, COM**

Speech-Language Pathologist  
702-964-5800 [speakeasytherapylv.org](http://speakeasytherapylv.org)

#### **Susan Crutchfield, RN, CLC NFP (702) 759-0892**

Get Healthy Clark County  
<https://gethealthyclarkcounty.org/>

#### **Tori Diego, Common Spirit**

702-620-7801 [tori.diego@commonspirit.org](mailto:tori.diego@commonspirit.org)

#### **Dignity Health, Maternal Child Health**

Kairi Pangelinan, Tawanda Romo 702.616.4918

#### **Dr. Tara Erson, DDS, IBCLC**

Pediatric Dentist  
702-518-3368 [www.smartmouthlv.com](http://www.smartmouthlv.com)

#### **Ruth Hanson, MSN, RN, IBCLC**

Mike O'Callaghan Military Medical Center  
Pediatric Clinic 702-653-3504  
[ruth.e.hanson.ctr@health.mil](mailto:ruth.e.hanson.ctr@health.mil)

#### **Shadia Koury**

Chiropractor  
702-567-5433 [chiropracticforlife.org](http://chiropracticforlife.org)

### Breastfeeding & Postpartum Support

#### **Perinatal Mood and Anxiety Disorders (PMADs)**

You are not alone. *"Speak Up When Down."*  
(702) 616-4918 [www.nvmch.org](http://www.nvmch.org)

#### **Sacred Journey LV**

Meal Prep, Classes, Evidence Based Birth, Lactation  
(702) 508-8853 [www.sacredjourneylv.com](http://www.sacredjourneylv.com)

#### **The Healthy Living Institute at UMC**

Health & wellness activities & education, lactation consultant  
(702) 383-7353 [www.umcsn.com](http://www.umcsn.com)

#### **Vegas Family Doulas**

Postpartum, Placenta Encapsulation, Infant Feeding  
(702) 907-6378 [www.vegasfamilydoulas.com](http://www.vegasfamilydoulas.com)

### Human Milk Donation

#### **California Mothers Milk Bank -Las Vegas Depots**

**Semaj Bruce**, CLE, IBCLC 702-720-5198

**Rikki Jenkins**, BS, IBCLC, CBE, Doula 702-508-8853

To become a **Milk Warrior** Donor call: **1-877-375-6645**

#### **Vegas Milk Lounge:**

A peer-to-peer support group facilitated by The Nevada Breastfeeding Coalition. We welcome pregnant and postpartum people who are interested in and/or have questions regarding feeding their babies. The support group is run by a lactation educator and Board Certified Lactation Consultant (IBCLC) every Wednesday 11:00-12:00pm at The Healthy Living Institute 901 S Rancho Ln Suite 180, Las Vegas, NV 89106. Walk-ins are welcome! Scan to Register



### Southern Nevada Health District

<https://www.southernnevadahealthdistrict.org>

**Nurse Family Partnership-(702) 759-0892** is for pregnant first time mothers. Clients may be paired with a Community Health Nurse & a Community Health Worker who provides education, resources and breastfeeding support in home.

### Women, Infants, & Children (WIC)

**702-249-0325** [www.itcnwic.org](http://www.itcnwic.org) **1-800-863-8942**  
[www.nevadawic.org](http://www.nevadawic.org)

**HEALTHCARE PROVIDERS Request Materials at:**

<https://nevadawic.org/healthcare-providers/wic-breastfeeding-support-healthcare-provider-toolkit/>



Nevada  
Breastfeeding Coalition

# 2026 Nevada Breastfeeding Coalition Lactation Resource Guide

[www.nvbreastfeeding.org](http://www.nvbreastfeeding.org) Sponsored by: Southern Nevada Health District

## Southern Nevada

Pahrump/Moapa

### Breastfeeding Services

#### **Shadia Koury**

Chiropractor

702-567-5433 [chiropracticforlife.org](http://chiropracticforlife.org)

#### **Pahrump Pediatrics**

Breastfeeding Services

(775) 318-9300 [www.pahrumppediatrics.com](http://www.pahrumppediatrics.com)

#### **La Leche League**

Breastfeeding Support

Faith (702) 885-7591 [www.lalecheleaguenv.org](http://www.lalecheleaguenv.org)

\*Pahrump

#### **Carolyn Thompson, IBCLC**

Breezy Babies [www.breastfeedingsupportlv.com](http://www.breastfeedingsupportlv.com)

702-443-6420 [carolyn@breezybabies.com](mailto:carolyn@breezybabies.com)

\*Moapa

### Women, Infants, & Children (WIC)

#### **Nevada ITCN WIC ITCN (Inter-Tribal Council of Nevada)**

ITCN Phone: 775-398-4960 <https://itcnwic.org/>

Las Vegas Office: 2920 S Rainbow, Suite 160

Las Vegas, NV 89146



# 2026 Nevada Breastfeeding Coalition Lactation Resource Guide

[www.nvbreastfeeding.org](http://www.nvbreastfeeding.org) Sponsored by: Southern Nevada Health District

## Online Resources

### National Breastfeeding Hotline

800-994-9662

### Nevada Breastfeeds

<https://nevadabreastfeeds.org/>

## Nevada Tobacco Quitline

The Nevada Tobacco Quitline offers free services for women who want to quit tobacco when they are pregnant. When you enroll in the Quitline, you will work with the same Coach for all your appointments. After each call, you will receive a gift card in the mail to help with pregnancy and postpartum expenses. If your doctor approves, you may be eligible for free nicotine patches, gum, or lozenges.

Call 1-800-QUIT-NOW (1-800-784-8669)

Text QUITNOW to 333888

Visit [www.gethealthyclarkcounty.org](http://www.gethealthyclarkcounty.org)

### Healthcare providers can request free materials

[www.gethealthyclarkcounty.org/live-tobacco-free/health-care-providers/](http://www.gethealthyclarkcounty.org/live-tobacco-free/health-care-providers/)

### Smoke-Free Housing Directory

Living in smoke-free environments is crucial to protecting the health of yourself and your family. The Southern Nevada Health District offers a FREE smoke-free housing directory featuring over 50,000 smoke-free apartments in Southern Nevada.

To find smoke-free housing options in our community, visit

[www.gethealthyclarkcounty.org/live-tobacco-free/smoke-free-housing/](http://www.gethealthyclarkcounty.org/live-tobacco-free/smoke-free-housing/)

Questions? Contact the SNHD Tobacco Control Program at [TobaccoProgram@snhd.org](mailto:TobaccoProgram@snhd.org) or 702-759-1270.

### La Leche League Nevada

<https://www.lalecheleaguenv.org/>

### La Leche League

Reno/Sparks - <https://llnorcal.org/reno-sparks/>

## National Telephone Helplines

**Nevada "211"** - Helping Nevadans connect with services

**Women's Health Resource Line** (*English and Spanish*) (800)994-9662 [WomensHealth.gov](http://WomensHealth.gov)

**Infant Risk Center** Up-to-date evidence-based information on the use of medications during pregnancy and breastfeeding  
(806) 352-2519 [www.infantrisk.com](http://www.infantrisk.com)

**Work-Life Law** Free legal information for Mothers.  
(415) 703-8276 [worklifelaw.org](http://worklifelaw.org)

**The InfantRisk Center** helps parents, lactation consultants, and doctors evaluate the safety risks to infants from medication exposure in pregnancy and breastfeeding. The InfantRisk Center answers questions through forums and call centers. They also have an app called MommyMeds. MommyMeds is the premier health & safety app for all pregnant and breastfeeding parents. Ensure safe breastfeeding and care of your baby while using prescription and over-the-counter medication.

Phone number: 1 (806) 352-2519 8:00AM - 3:00PM CST, Monday- Friday

Website: <https://www.infantrisk.com/infantrisk-center-resources>