



Nevada  
Breastfeeding Coalition

## 2026 Nevada Breastfeeding Coalition Lactation Resource Guide

[www.nvbreastfeeding.org](http://www.nvbreastfeeding.org)

### Southern Nevada

#### Lactation Consultants (IBCLCs)

**\*Rosemarie Arroyo, IBCLC, CIMI**

My Breast Life [www.mybreastlife.com](http://www.mybreastlife.com)  
(702) 592-7673 [RA.IBCLC@gmail.com](mailto:RA.IBCLC@gmail.com)

**\*Semaj Bruce, IBCLC**

Breastfeeding with Maj  
(702) 720-5198 [www.breastfeedingwithmaj.com](http://www.breastfeedingwithmaj.com)

**Taryn Cortini, IBCLC**

(818) 984-3086 [taryn.cortini@gmail.com](mailto:taryn.cortini@gmail.com)

**Mihaela Dumitru, IBCLC**

(702) 525-2275 [mihaela.dumitru4321@gmail.com](mailto:mihaela.dumitru4321@gmail.com)

**Jessica Griffin, RN, IBCLC**

Lumina Lactation <https://luminalactation.com>  
772-212-1516 [info@luminalactation.com](mailto:info@luminalactation.com)

**\*Nicolette Harridge RN, BSN, IBCLC**

(702) 764-9290 [www.breastfeedingsupportlv.com](http://www.breastfeedingsupportlv.com)  
[Nicolette@breastfeedingsupportlv.com](mailto:Nicolette@breastfeedingsupportlv.com)

**\*Alura Hirsch IBCLC**

Vegas Valley Lactation  
(702) 483-0791 [www.vegasvalleylactation.com](http://www.vegasvalleylactation.com)

**\*Rikki Jenkins, BS, IBCLC, CLC, CBE, Doula**

Sacred Journey LV  
(702) 508-8853 [www.sacredjourneylv.com](http://www.sacredjourneylv.com)

**Kayla Kirk, IBCLC, LEC**

K + K Lactation  
(702) 625-1307 [www.kplusklactation.com](http://www.kplusklactation.com)

**Iris Kwan, IBCLC**

Iris Quach Lactation and Occupational Therapy, PLLC  
<https://www.iqlactationandot.com>  
702-850-1362 [iriskwan@yahoo.com](mailto:iriskwan@yahoo.com)

**\*Brittni Lents BS, IBCLC, ALC**

Latch Las Vegas  
(702) 530-7665 [www.latchlasvegas.com](http://www.latchlasvegas.com)

**\*Beth Nangano, MPH, IBCLC**

Mindful Lactation <https://mindfullactationlv.square.site/>  
702-518-0876 [Mindfullactationlv@gmail.com](mailto:Mindfullactationlv@gmail.com)

**Ana Saldivar, IBCLC**

702-232-0644 <https://lactationsupportforyou.com/>  
--pump assessment and pressure testing

**\*Autumn Wake, RN, BSN, IBCLC**

Advanced Breastfeeding Support of LV  
(702) 764-9290 [www.breastfeedingsupportlv.com](http://www.breastfeedingsupportlv.com)

**Lori West, RN, BSN, IBCLC**

(707) 468-5966 [oreoata@aol.com](mailto:oreoata@aol.com)

***\*Takes some insurances***

We recommend to check with each lactation consultant about the insurance options and process. Some may be found on their website.

#### Lactation Counselors

**Chante Derella, MA**

MamaishCare  
(702) 421-5798 [chante@mamaishcare.com](mailto:chante@mamaishcare.com)

**Aisha Fanning, CLEC, Infant Feeding Specialist/Educator**

Vegas Family Doula  
(702) 907-6378 [www.vegasfamilydoulas.com](http://www.vegasfamilydoulas.com)

**Victoria Flores, CLE**

702-972-5610 <https://semillasyflores.org>

**Monique Gatel, CLC**

Milky Way Collective [gomilkyway.org](http://gomilkyway.org)  
702-900-3372 [monique@gomilkyway.org](mailto:monique@gomilkyway.org)

**Evelyn McCarroll, RN**

The Mama Coach (lactation and sleep coach)  
(702) 610-0281 [www.evelyn-mccarroll.themamacoach.com](http://www.evelyn-mccarroll.themamacoach.com)



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### Jefferyanna Nelson, CLC, Doula

(702) 245-9100 [www.swbirthpartners.com](http://www.swbirthpartners.com)

### \*Angela Surette, MSN, RN

(707) 761-7857 [angelasurette79@gmail.com](mailto:angelasurette79@gmail.com)

## Breastfeeding & Postpartum Support

### Perinatal Mood and Anxiety Disorders (PMADs)

You are not alone. *"Speak Up When Down."*

(702) 616-4918 [www.nvmch.org](http://www.nvmch.org)

### Sacred Journey LV

Meal Prep, Classes, Evidence Based Birth, Lactation

(702) 508-8853 [www.sacredjourneylv.com](http://www.sacredjourneylv.com)

### The Healthy Living Institute at UMC

Health & wellness activities & education, lactation consultant

(702) 383-7353 [www.umcsn.com](http://www.umcsn.com)

### Vegas Family Doulas

Postpartum, Placenta Encapsulation, Infant Feeding

(702) 907-6378 [www.vegasfamilydoulas.com](http://www.vegasfamilydoulas.com)

## Additional Resources

### Kelly Carter, MS, CCC-SLP, COM

Speech-Language Pathologist

702-964-5800 [speakeasytherapylv.org](http://speakeasytherapylv.org)

### Susan Crutchfield, RN, CLC NFP (702) 759-0892

Get Healthy Clark County

<https://gethealthyclarkcounty.org/>

### Tori Diego, Common Spirit

702-620-7801 [tori.diego@commonspirit.org](mailto:tori.diego@commonspirit.org)

### Dignity Health, Maternal Child Health

Kairi Pangelinan, Tawanda Romo 702.616.4918

### Dr. Tara Erson, DDS, IBCLC

Pediatric Dentist

702-518-3368 [www.smartmouthlv.com](http://www.smartmouthlv.com)

### Shadia Koury

Chiropractor

702-567-5433 [chiropracticforlife.org](http://chiropracticforlife.org)

**\*Disclaimer** Nevada Breastfeeding Coalition cannot be held liable for the practices of providers listed on our resource page. It is for informational resource purposes only. If you have concerns about a provider on this listing, please contact us [info@nvbreastfeeding.org](mailto:info@nvbreastfeeding.org). Providers listed in this directory, unless otherwise indicated, charge a fee for their services. Some have a sliding scale, and some accept insurances. The credentials listed after their names are listed as the individual requested and described. None have been verified by NVBC.

## Support Groups

A peer-to-peer support group facilitated by The Nevada Breastfeeding Coalition. We welcome pregnant and postpartum people who are interested in and/or have questions regarding feeding their babies. The support group is run by a lactation educator and Board Certified Lactation Consultant (IBCLC). Locations are:

- **Vegas Milk Lounge** - Healthy Living Institute - 901 S Rancho Ln Suite 180, Las Vegas, NV 89106 | Wednesday at 11:00-12:00pm
- **Moapa Valley Breastfeeding Support Group** - Moapa Valley Library -350 N Moapa Valley Blvd, Overton, NV | Wednesdays at 11:00 am
- **Virgin Valley Breastfeeding Support Group** - Mesquite Library, Community Room - 160 W 1st N, Mesquite NV | Mondays at 10:45 am
- **Spanish Support Group** - Anthem Wellness Center - 2348 E Bonanza Rd, Las Vegas, NV 89101 | Thursdays 9am - 10:15am

\*All support groups welcome walk-ins



QR Code for the  
Vegas Milk Lounge  
registration and info



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### Human Milk Donation

**California Mothers Milk Bank -Las Vegas Depots**

**Semaj Bruce**, CLE, IBCLC 702-720-5198

**Rikki Jenkins**, BS, IBCLC, CBE, Doula 702-508-8853

To become a **Milk Warrior** Donor call: **1-877-375-6645**

### Southern Nevada Health District

<https://www.southernnevadahealthdistrict.org>

**Nurse Family Partnership-(702) 759-0892** is for pregnant first time mothers. Clients may be paired with a Community Health Nurse & a Community Health Worker who provides education, resources and breastfeeding support in home.

### Women, Infants, & Children (WIC)

**702-249-0325** [www.itcnwic.org](http://www.itcnwic.org) **1-800-863-8942**

[www.nevadawic.org](http://www.nevadawic.org)

**HEALTHCARE PROVIDERS Request Materials at:**

<https://nevadawic.org/healthcare-providers/wic-breastfeeding-support-healthcare-provider-toolkit/>

## Southern Nevada

Pahrump/Moapa

### Breastfeeding Services

**Shadia Koury**

Chiropractor

702-567-5433 [chiropracticforlife.org](http://chiropracticforlife.org)

**Pahrump Pediatrics**

Breastfeeding Services

(775) 318-9300 [www.pahrumppediatrics.com](http://www.pahrumppediatrics.com)

**La Leche League**

Breastfeeding Support

Faith (702) 885-7591 [www.lalecheleaguenv.org](http://www.lalecheleaguenv.org)

\*Pahrump

**Carolyn Thompson, IBCLC**

Breezy Babies [breezybabies.com](http://breezybabies.com)

702-443-6420 [caroyn@breezybabies.com](mailto:caroyn@breezybabies.com)

\*Moapa

### Women, Infants, & Children (WIC)

**Nevada ITCN WIC ITCN (Inter-Tribal Council of Nevada)**

ITCN Phone: 775-398-4960 <https://itcnwic.org/>

Las Vegas Office: 2920 S Rainbow, Suite 160

Las Vegas, NV 89146



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### Online Resources

#### National Breastfeeding Hotline

800-994-9662

#### Nevada Breastfeeds

<https://nevadabreastfeeds.org/>

### Nevada Tobacco Quitline

The Nevada Tobacco Quitline offers free services for women who want to quit tobacco when they are pregnant. When you enroll in the Quitline, you will work with the same Coach for all your appointments. After each call, you will receive a gift card in the mail to help with pregnancy and postpartum expenses. If your doctor approves, you may be eligible for free nicotine patches, gum, or lozenges.

Call 1-800-QUIT-NOW (1-800-784-8669)

Text QUITNOW to 333888

Visit [www.gethealthyclarkcounty.org](http://www.gethealthyclarkcounty.org)

#### Healthcare providers can request free materials

[www.gethealthyclarkcounty.org/live-tobacco-free/health-care-providers/](http://www.gethealthyclarkcounty.org/live-tobacco-free/health-care-providers/)

#### Smoke-Free Housing Directory

Living in smoke-free environments is crucial to protecting the health of yourself and your family. The Southern Nevada Health District offers a FREE smoke-free housing directory featuring over 50,000 smoke-free apartments in Southern Nevada.

To find smoke-free housing options in our community, visit

[www.gethealthyclarkcounty.org/live-tobacco-free/smoke-free-housing/](http://www.gethealthyclarkcounty.org/live-tobacco-free/smoke-free-housing/)

Questions? Contact the SNHD Tobacco Control Program at [TobaccoProgram@snhd.org](mailto:TobaccoProgram@snhd.org) or 702-759-1270.

#### La Leche League Nevada

<https://www.lalecheleaguenv.org/>

#### La Leche League

Reno/Sparks - <https://llnorcal.org/reno-sparks/>

### National Telephone Helplines

**Nevada "211"** - Helping Nevadans connect with services

**Women's Health Resource Line** (*English and Spanish*) (800)994-9662 [WomensHealth.gov](http://WomensHealth.gov)

**Infant Risk Center** Up-to-date evidence-based information on the use of medications during pregnancy and breastfeeding  
(806) 352-2519 [www.infantrisk.com](http://www.infantrisk.com)

**Work-Life Law** Free legal information for Mothers.  
(415) 703-8276 [worklifelaw.org](http://worklifelaw.org)

**The InfantRisk Center** helps parents, lactation consultants, and doctors evaluate the safety risks to infants from medication exposure in pregnancy and breastfeeding. The InfantRisk Center answers questions through forums and call centers. They also have an app called MommyMeds. MommyMeds is the premier health & safety app for all pregnant and breastfeeding parents. Ensure safe breastfeeding and care of your baby while using prescription and over-the-counter medication.

Phone number: 1 (806) 352-2519 8:00AM - 3:00PM CST, Monday- Friday

Website: <https://www.infantrisk.com/infantrisk-center-resources>