



**THE NEVADA BREASTFEEDING COALITION**  
**February 18th, 2026 Meeting Minutes**

**Board of Directors:** President: Rebecca Jimenez; Vice President: Maria Palapa; Treasurer: Cristina Hernandez ; Secretary: Rojina Shrestha; Members at Large: Dawn Lipkin and Rachael Sudek

**Board of Executives:** Education Planner: Jacquelyn Bonde; Website Coordinator: Jenni Coble; Community Outreach Coordinator: Dezmen Hewitt; Marketing & Social Media Coordinator: Anita Momodu; Board Member Emeritus: Colette Moore, Northern NV Rep: Jenn Campbell; Rural Rep: Carolyn Thompson; Events Coordinator: (Open); Swag Coordinator: (Open)

**Approval:** Last Meeting Minutes Approved

**In Attendance: 30**

In addition to Board Members:

Kat (Pahrump Birth Worker, La Leche League Leader, CLC, and Community Organizer); Theresa, RN and IBCLC at Renown, along with Cherish, Renee, and Dez representing Renown; Nicole Bungum from the Southern Nevada Health District; Jackie Chaidez from the NNPH WIC Department (Reno); Amy Parmalee., RN and IBCLC; Rosemarie Arroyo, IBCLC, membership co-ordinator of coalition, Summer Flowers, Maternity Community Health Worker at SilverSummit Health Plan; Semaj Bruce, IBCLC in private practice; Ivy Strebendt, Maternity Clinical Practice Advisor at SilverSummit Health Plan; Iris Kwan, IBCLC and Membership representative for the Nevada Occupational Therapy Association; Kelsey Daniels, Physical Therapist providing in-home services; Tori Diego, Program Manager at Dignity House overseeing the Nevada Statewide Maternal and Child Health Coalition; Kristy Barnett from Lyon County Human Services; Lori, RN, BSN, IBCLC and Lactation Coordinator at UMC; Robin Hollen; Angela Almanza; and Damaris.

Objectives	By	Notes / Objectives and Desired Outcomes	Further Action X
Call meeting to order	Becca	Introductions & approval of last meeting minutes	
Treasurer’s Report	Cristina	<p style="text-align: center;">\$10,678.40</p> <p>No additional financial updates were reported.</p>	
Membership	Maria	<p><b>We are having our first membership networking event on March 28th 10-12pm. Our focus is to highlight our current members on a spotlight so our community can learn about you.</b></p>	

The event will be held in both Northern and Southern Nevada locations. The goal is to spotlight current coalition members so the community can learn more about their services and roles.

Members will have the opportunity to participate in short spotlight-style interviews, which will later be shared on coalition social media platforms. Flyers and registration details will be distributed via email and posted on social media.

**Find the flyer attached below:**

**NOURISH, NURTURE, NETWORK**  
Join our quarterly membership networking meet-up!!

*Theme: Spotighting our members*

**Northern Nevada**  
Light House Coffee  
325 Harbor Cove Dr  
(Sparks)

**Southern Nevada**  
Mothership Coffee Roasters  
1028 E Fremont St  
STE B122

**Questions?**  
membershipnbc@gmail.com

**Calling all members!**

We want to spotlight you!  
We will be taking mini interviews of our current members so our supportive community can learn all about you!

**Not a member yet?**  
You can still join us and learn more about becoming a member!  
Pastries and refreshments will be available.

Nevada Breastfeeding Coalition



		<p>(in partnership with the Library District)</p> <p>The new support groups will begin in March:  -Mesquite (Virgin Valley area): Beginning March 16, Mondays at 9:45 AM</p> <p>-Overton (Moapa Valley area): Beginning March 18, Wednesdays at 11:00 AM</p> <p>(These sessions will be scheduled immediately following library story time to increase accessibility for families already present at the library.)</p> <p>2. Kat shared that the <b>5th Annual Community Baby Shower</b> in Pahrump will be held on:  Saturday, May 16, 2026</p> <p>The event is open to the public and will include community resources, education, and support for families. Additional details will be shared with the coalition as they become available.</p>	
Speaker	Dezmen Hewitt	<p>Owner, TENS Unlimited LLC</p> <p>Topic: Natural pain relief options during and after labor, breast pumps and maternity supplies, and navigating the DME process for access to these resources.</p> <p>Website: <a href="https://tensunlimited.com/">https://tensunlimited.com/</a></p> <p><b>Added notes:</b>  Dezmen presented on services provided by TENS Unlimited LLC, a family-owned durable medical equipment (DME) company founded over 30 years ago. The company works with insurance providers to supply breast pumps, TENS units for labor pain management, pelvic floor stimulation devices, and postpartum recovery supplies. She reviewed the ordering process, explaining that patients complete an eligibility form online or submit a prescription from their provider. Once a prescription is received, orders are typically</p>	

		<p>processed the same day. Shipping is generally completed within approximately three days, and in-person pickup is available at the Las Vegas location.</p> <p>Insurance coverage details included:</p> <ul style="list-style-type: none"> <li>-Breast pumps are typically covered beginning at 28 weeks gestation.</li> <li>-Current insurance partners include Molina, Tricare, and Blue Cross Blue Shield.</li> <li>-SilverSummit Health Plan coverage is pending approval.</li> <li>-Some plans allow one resupply kit per birth event.</li> <li>-Medicaid coverage may vary, including manual pump options and limited replacement parts.</li> </ul> <p>In response to member questions:</p> <ul style="list-style-type: none"> <li>-The Spectra S2 is available, and the Spectra S1 is available with an upgrade fee.</li> <li>-Warranty registration is completed directly through the manufacturer, with support available if issues arise.</li> <li>-Pelvic floor stimulation devices may be covered by insurance and can support postpartum recovery and incontinence.</li> <li>-TENS units are used as a non-pharmacological pain relief option during labor and are widely used internationally.</li> <li>-Educational videos are available to demonstrate proper device use.</li> <li>-A provider prescription template can be shared to streamline referrals.</li> <li>-Members requested research articles related to TENS use in prenatal and postnatal care.</li> </ul> <p>Dezmen agreed to provide:</p> <ul style="list-style-type: none"> <li>-PDF resources</li> <li>-Insurance coverage information</li> <li>-Research articles</li> <li>-A provider prescription template</li> </ul>	
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***Our mission is to inspire, educate and build community support to make breastfeeding the norm for infant feeding in Nevada. For more information, contact us at [info@nvbreastfeeding.org](mailto:info@nvbreastfeeding.org)***

***Next Meeting March 18th!***