



2026 Nevada Breastfeeding Coalition Lactation Resource Guide

www.nvbreastfeeding.org

Southern Nevada

Lactation Consultants (IBCLCs)

***Rosemarie Arroyo, IBCLC, CIMI**

My Breast Life
www.mybreastlife.com
(702) 592-7673 RA.IBCLC@gmail.com

***Semaj Bruce, IBCLC**

Breastfeeding with Maj
www.breastfeedingwithmaj.com
(702) 720-5198

Jessica Griffin, RN, IBCLC

Lumina Lactation
<https://luminalactation.com>
(772)-212-1516 info@luminalactation.com

***Rikki Jenkins, BS, IBCLC, CLC, CBE, Doula**

Sacred Journey LV
www.sacredjourneylv.com
(702) 508-8853

***Danielle Givens, RN, IBCLC**

Danielle The Mama Coach
danielle-givens.themamacoach.com/
(702)551-4492 danielle.givens@themamacoach.com

Iris Kwan, IBCLC

Iris Quach Lactation and Occupational Therapy, PLLC
<https://www.iqlactationandot.com>
(702)-850-1362 iriskwan@yahoo.com

***Brittni Lents BS, IBCLC, ALC**

Latch Las Vegas
www.latchlasvegas.com
(702) 530-7665

***Beth Nangano, MPH, IBCLC**

Mindful Lactation
<https://mindfullactationlv.square.site/>
(702)-518-0876 Mindfullactationlv@gmail.com

***Ana Saldivar, IBCLC**

Lactation Support For You
<https://lactationsupportforyou.com/>
(702)-232-0644
--pump assessment and pressure testing

Lori West, RN, BSN, IBCLC

(707) 468-5966 oreoata@aol.com

****Takes some insurances***

We recommend to check with each lactation consultant about the insurance options and process. Some may be found on their website.

Lactation Counselors

Chante Derella, MA

MamaishCare
<https://www.mamaishcare.com/>
(702) 421-5798 chante@mamaishcare.com

Monique Gatel, CLC

Milky Way Collective
gomilkyway.org
702-900-3372 monique@gomilkyway.org

***Angela Surette, MSN, RN**

(707) 761-7857 angelasurette79@gmail.com

Breastfeeding & Postpartum Support

Perinatal Mood and Anxiety Disorders (PMADs)

You are not alone. *"Speak Up When Down."*
(702) 616-4918 www.nvmch.org

Sacred Journey LV

Meal Prep, Classes, Evidence Based Birth, Lactation
(702) 508-8853 www.sacredjourneylv.com

The Healthy Living Institute at UMC

Health & wellness activities & education, lactation consultant
(702) 383-7353 www.umcsn.com

Vegas Family Doulas

Postpartum, Placenta Encapsulation, Infant Feeding
(702) 907-6378 www.vegasfamilydoulas.com



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Additional Resources

Kelly Carter, MS, CCC-SLP, COM

Speech-Language Pathologist

702-964-5800 speakeasytherapylv.org

Susan Crutchfield, RN, CLC NFP (702) 759-0892

Get Healthy Clark County

<https://gethealthyclarkcounty.org/>

Tori Diego, Common Spirit

702-620-7801 tori.diego@commonspirit.org

Dignity Health, Maternal Child Health

Kairi Pangelinan, Tawanda Romo 702.616.4918

Dr. Tara Erson, DDS, IBCLC

Pediatric Dentist

702-518-3368 www.smartmouthlv.com

Latch Clinics

Latch Clinics are available for pregnant and postpartum people who are interested in and/or have questions regarding feeding their babies. Get assistance with milk supply concerns, pain with latch, breast/nipple pain, pumping questions, general feeding questions, baby weight concerns.

- **Healthy Living Institute (hosted by UNLV)** - 901 S Rancho Ln Suite 180, Las Vegas, NV 89106 | Mondays at 10:30am-11:30am

***By appointment only / Register at:**

<https://apps.umcsn.com/common/EducationEvents.aspx>

- **UNLV Pediatrics**
1524 Pinto Ln, 3rd Floor, Las Vegas, NV 89106 |
***for UNLV Pediatric patients only**

Support Groups

A peer-to-peer support group facilitated by The Nevada Breastfeeding Coalition. We welcome pregnant and postpartum people who are interested in and/or have questions regarding feeding their babies. The support group is run by a lactation educator and Board Certified Lactation Consultant (IBCLC). Locations are:

- **Vegas Milk Lounge** - Healthy Living Institute - 901 S Rancho Ln Suite 180, Las Vegas, NV 89106 | Wednesday at 11:00-12:00pm
- **Moapa Valley Breastfeeding Support Group** - Moapa Valley Library -350 N Moapa Valley Blvd, Overton, NV | Wednesdays at 11:00 am
- **Virgin Valley Breastfeeding Support Group** - Mesquite Library, Community Room - 160 W 1st N, Mesquite NV | Mondays at 10:45 am
- **Spanish Support Group** - Anthem Wellness Center - 2348 E Bonanza Rd, Las Vegas, NV 89101 | Thursdays 9am - 10:15am

*All support groups welcome walk-ins



QR Code for the
Vegas Milk Lounge
registration and info

***Disclaimer** Nevada Breastfeeding Coalition cannot be held liable for the practices of providers listed on our resource page. It is for informational resource purposes only. If you have concerns about a provider on this listing, please contact us info@nvbreastfeeding.org. Providers listed in this directory, unless otherwise indicated, charge a fee for their services. Some have a sliding scale, and some accept insurances. The credentials listed after their names are listed as the individual requested and described. None have been verified by NVBC.



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Human Milk Donation

California Mothers Milk Bank -Las Vegas Depots

Semaj Bruce, CLE, IBCLC 702-720-5198

Rikki Jenkins, BS, IBCLC, CBE, Doula 702-508-8853

To become a **Milk Warrior** Donor call: **1-877-375-6645**

Southern Nevada Health District

<https://www.southernnevadahealthdistrict.org>

Nurse Family Partnership-(702) 759-0892 is for pregnant first time mothers. Clients may be paired with a Community Health Nurse & a Community Health Worker who provides education, resources and breastfeeding support in home.

Women, Infants, & Children (WIC)

702-249-0325 www.itcnwic.org **1-800-863-8942**

www.nevadawic.org

HEALTHCARE PROVIDERS Request Materials at:

<https://nevadawic.org/healthcare-providers/wic-breastfeeding-support-healthcare-provider-toolkit/>

Southern Nevada

Pahrump/Moapa

Breastfeeding Services

Pahrump Pediatrics

Breastfeeding Services

(775) 318-9300 www.pahrump pediatric.com

La Leche League

Breastfeeding Support

Faith (702) 885-7591 www.la leche league nv.org

*Pahrump

Carolyn Thompson, IBCLC

Breezy Babies breezybabies.com

702-443-6420 carolyn@breezybabies.com

*Moapa

Women, Infants, & Children (WIC)

Nevada ITCN WIC ITCN (Inter-Tribal Council of Nevada)

ITCN Phone: 775-398-4960 <https://itcnwic.org/>

Las Vegas Office: 2920 S Rainbow, Suite 160

Las Vegas, NV 89146



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Online Resources

National Breastfeeding Hotline

800-994-9662

Nevada Breastfeeds

<https://nevadabreastfeeds.org/>

La Leche League Nevada

<https://www.lalecheleaguenv.org/>

La Leche League

Reno/Sparks - <https://llnocal.org/reno-sparks/>

Nevada Tobacco Quitline

The Nevada Tobacco Quitline offers free services for women who want to quit tobacco when they are pregnant. When you enroll in the Quitline, you will work with the same Coach for all your appointments. After each call, you will receive a gift card in the mail to help with pregnancy and postpartum expenses. If your doctor approves, you may be eligible for free nicotine patches, gum, or lozenges.

Call 1-800-QUIT-NOW (1-800-784-8669)

Text QUITNOW to 333888

Visit www.gethealthyclarkcounty.org

Healthcare providers can request free materials

www.gethealthyclarkcounty.org/live-tobacco-free/health-care-providers/

Smoke-Free Housing Directory

Living in smoke-free environments is crucial to protecting the health of yourself and your family. The Southern Nevada Health District offers a FREE smoke-free housing directory featuring over 50,000 smoke-free apartments in Southern Nevada.

To find smoke-free housing options in our community, visit

www.gethealthyclarkcounty.org/live-tobacco-free/smoke-free-housing/

Questions? Contact the SNHD Tobacco Control Program at TobaccoProgram@snhd.org or 702-759-1270.

National Telephone Helplines

Nevada "211" - Helping Nevadans connect with services

Women's Health Resource Line (*English and Spanish*) (800)994-9662 WomensHealth.gov

Infant Risk Center Up-to-date evidence-based information on the use of medications during pregnancy and breastfeeding
(806) 352-2519 www.infantrisk.com

Work-Life Law Free legal information for Mothers.
(415) 703-8276 worklifelaw.org

The InfantRisk Center helps parents, lactation consultants, and doctors evaluate the safety risks to infants from medication exposure in pregnancy and breastfeeding. The InfantRisk Center answers questions through forums and call centers. They also have an app called MommyMeds. MommyMeds is the premier health & safety app for all pregnant and breastfeeding parents. Ensure safe breastfeeding and care of your baby while using prescription and over-the-counter medication.

Phone number: 1 (806) 352-2519 8:00AM - 3:00PM CST, Monday- Friday

Website: <https://www.infantrisk.com/infantrisk-center-resources>