Nevada Breastfeeding Coalition

2026 Nevada Breastfeeding Coalition Lactation Resource Guide

www.nvbreastfeeding.org

Southern Nevada

Lactation Consultants (IBCLCs)

***Rosemarie Arroyo, IBCLC, CIMI**
My Breast Life
www.mybreastlife.com
(702) 592-7673 RA.IBCLC@gmail.com

***Semaj Bruce, IBCLC**
Breastfeeding with Maj
www.breastfeedingwithmaj.com
(702) 720-5198

Jessica Griffin, RN, IBCLC
Lumina Lactation
https://luminalactation.com
(772)-212-1516 info@luminalactation.com

***Rikki Jenkins, BS, IBCLC, CLC, CBE, Doula**
Sacred Journey LV
www.sacredjourneylv.com
(702) 508-8853

***Danielle Givens , RN, IBCLC**
Danielle The Mama Coach
danielle-givens.themamacoach.com/
(702)551-4492 danielle.givens@themamacoach.com

Iris Kwan, IBCLC
Iris Quach Lactation and Occupational Therapy, PLLC
https://www.iqlactationandot.com
(702)-850-1362 iriskwan@yahoo.com

***Brittni Lents BS, IBCLC, ALC**
Latch Las Vegas
www.latchlasvegas.com
(702) 530-7665

***Beth Nangano, MPH, IBCLC**
Mindful Lactation
https://mindfullactationlv.square.site/
(702)-518-0876 Mindfullactationlv@gmail.com

***Ana Saldivar, IBCLC**
Lactation Support For You
https://lactationsupportforyou.com/
(702)-232-0644
--pump assessment and pressure testing

Lori West, RN, BSN, IBCLC
(707) 468-5966 oreoata@aol.com

Takes some insurances
We recommend to check with each lactation consultant about the insurance options and process. Some may be found on their website.

Lactation Counselors

Chante Derella, MA
MamaishCare
https://www.mamaishcare.com/
(702) 421-5798 chante@mamaishcare.com

Monique Gatel, CLC
Milky Way Collective
gomilkyway.org
702-900-3372 monique@gomilkyway.org

***Angela Surette, MSN, RN**
(707) 761-7857 angelasurette79@gmail.com

Breastfeeding & Postpartum Support

Perinatal Mood and Anxiety Disorders (PMADs)
You are not alone. *"Speak Up When Down."*
(702) 616-4918 www.nvmch.org

Sacred Journey LV
Meal Prep, Classes, Evidence Based Birth, Lactation
(702) 508-8853 www.sacredjourneylv.com

The Healthy Living Institute at UMC
Health & wellness activities & education, lactation consultant
(702) 383-7353 www.umcsn.com

Vegas Family Doulas
Postpartum, Placenta Encapsulation, Infant Feeding
(702) 907-6378 www.vegasfamilydoulas.com

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Additional Resources

Dignity Health, Maternal Child Health
Kairi Pangelinan
kairirenae.pangelinan@commonspirit.org
Tawanda Romo- 702.616.4918

Dr. Tara Erson, DDS, IBCLC
Pediatric Dentist
702-518-3368 www.smartmouthlv.com

Kelly Carter, MS, CCC-SLP, COM
Speech-Language Pathologist
702-964-5800 speakeasytherapylv.org

Tori Diego, Common Spirit
702-620-7801 tori.diego@commonspirit.org

Human Milk Donation

California Mothers Milk Bank -Las Vegas Depots
Semaj Bruce, CLE, IBCLC 702-720-5198
Rikki Jenkins, BS, IBCLC, CBE, Doula 702-508-8853
To become a ***Milk Warrior*** Donor call: **1-877-375-6645**

Latch Clinics

Latch Clinics are available for pregnant and postpartum people who are interested in and/or have questions regarding feeding their babies. Get assistance with milk supply concerns, pain with latch, breast/nipple pain, pumping questions, general feeding questions, baby weight concerns.

- **Healthy Living Institute (hosted by UNLV)** - 901 S Rancho Ln Suite 180, Las Vegas, NV 89106 | Mondays at 10:30am-11:30am
  By appointment only / Register at:
  https://apps.umcsn.com/common/EducationEvents.aspx

- **UNLV Pediatrics**
  1524 Pinto Ln, 3rd Floor, Las Vegas, NV 89106 |
  for UNLV Pediatric patients only

Support Groups

A peer-to-peer support group facilitated by The Nevada Breastfeeding Coalition. We welcome pregnant and postpartum people who are interested in and/or have questions regarding feeding their babies. The support group is run by a lactation educator and Board Certified Lactation Consultant (IBCLC). Locations are:

- **Vegas Milk Lounge** - Healthy Living Institute - 901 S Rancho Ln Suite 180, Las Vegas, NV 89106 | Wednesday at 11:00-12:00pm
- **Moapa Valley Breastfeeding Support Group**- Moapa Valley Library -350 N Moapa Valley Blvd, Overton, NV | Wednesdays at 11:00 am
- **Virgin Valley Breastfeeding Support Group -** Mesquite Library, Community Room - 160 W 1st N, Mesquite NV | Mondays at 10:45 am
- **Spanish Support Group** - Anthem Wellness Center - 2348 E Bonanza Rd, Las Vegas, NV 89101 | Thursdays 9am - 10:15am

*All support groups welcome walk-ins

QR Code for the Vegas Milk Lounge registration and info

***Disclaimer** Nevada Breastfeeding Coalition cannot be held liable for the practices of providers listed on our resource page. It is for informational resource purposes only. If you have concerns about a provider on this listing, please contact us info@nvbreastfeeding.org. Providers listed in this directory, unless otherwise indicated, charge a fee for their services. Some have a sliding scale, and some accept insurances. The credentials listed after their names are listed as the individual requested and described. None have been verified by NVBC.

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Southern Nevada Health District

Maternal Child Health Programs

Nurse-Family Partnership partners low-income women pregnant with their first child with a Registered Nurse early in the pregnancy. Each mother served by the program receives ongoing nurse home visits that continue through their child's second birthday. Nurses provide education, resources, and breastfeeding support in the home

- Contact: 702-759-0779

The Healthy Start Program provides home visiting services from a community health worker who will provide education, support, and linkage to available community resources. This home visiting program is free and voluntary. To enroll, a woman must be pregnant or have a child younger than 12 months old.

- Contact: 702-759-1677

https://www.southernnevadahealthdistrict.org/programs/maternal-child-health/

Women, Infants, & Children (WIC)

702-249-0325 www.itcnwic.org 1-800-863-8942
www.nevadawic.org
HEALTHCARE PROVIDERS Request Materials at:
https://nevadawic.org/healthcare-providers/wic-breastfeeding-support-healthcare-provider-toolkit/

Southern Nevada

Pahrump/Moapa

Breastfeeding Services

Pahrump Pediatrics
Breastfeeding Services
(775) 318-9300 www.pahrumppediatrics.com

La Leche League
Breastfeeding Support
Faith (702) 885-7591 www.lalecheleaguenv.org
*Pahrump

Carolyn Thompson, IBCLC
Breezy Babies breezybabies.com
702-443-6420 caroyln@breezybabies.com
*Moapa

Women, Infants, & Children (WIC)

Nevada ITCN WIC ITCN (Inter-Tribal Council of Nevada)
ITCN Phone: 775-398-4960 https://itcnwic.org/
Las Vegas Office: 2920 S Rainbow, Suite 160
Las Vegas, NV 89146

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Online Resources

National Breastfeeding Hotline
800-994-9662

Nevada Breastfeeds
https://nevadabreastfeeds.org/

La Leche League Nevada
https://www.lalecheleaguenv.org/

La Leche League
Reno/Sparks - https://lllnorcal.org/reno-sparks/

Nevada Tobacco Quitline

The Nevada Tobacco Quitline offers free services for women who want to quit tobacco when they are pregnant. When you enroll in the Quitline, you will work with the same Coach for all your appointments. After each call, you will receive a gift card in the mail to help with pregnancy and postpartum expenses. If your doctor approves, you may be eligible for free nicotine patches, gum, or lozenges.

Call 1-800-QUIT-NOW (1-800-784-8669)
Text QUITNOW to 333888
Visit www.gethealthyclarkcounty.org

Healthcare providers can request free materials
www.gethealthyclarkcounty.org/live-tobacco-free/health-care-providers/

Smoke-Free Housing Directory
Living in smoke-free environments is crucial to protecting the health of yourself and your family. The Southern Nevada Health District offers a FREE smoke-free housing directory featuring over 50,000smoke-free apartments in Southern Nevada.
To find smoke-free housing options in our community, visit www.gethealthyclarkcounty.org/live-tobacco-free/smoke-free-housing/

Questions? Contact the SNHD Tobacco Control Program at TobaccoProgram@snhd.org or 702-759-1270.

National Telephone Helplines

Nevada "**211**"- Helping Nevadans connect with services

Women's Health Resource Line *(English and Spanish)* (800)994-9662 WomensHealth.gov

Infant Risk Center Up-to-date evidence-based information on the use of medications during pregnancy and breastfeeding
(806) 352-2519 www.infantrisk.com

Work-Life Law Free legal information for Mothers.
(415) 703-8276 worklifelaw.org

The InfantRisk Center helps parents, lactation consultants, and doctors evaluate the safety risks to infants from medication exposure in pregnancy and breastfeeding. The InfantRisk Center answers questions through forums and call centers. They also have an app called MommyMeds. MommyMeds is the premier health & safety app for all pregnant and breastfeeding parents. Ensure safe breastfeeding and care of your baby while using prescription and over-the-counter medication.
Phone number: 1 (806) 352-2519 8:00AM - 3:00PM CST, Monday- Friday
Website: https: //www.infantrisk.com/infantrisk-center-resources