



2026 Nevada Breastfeeding Coalition Lactation Resource Guide

www.nvbreastfeeding.org Sponsored by: Southern Nevada Health District

Southern Nevada

Lactation Consultants

***Rosemarie Arroyo, IBCLC, CIMI**

My Breast Life www.mybreastlife.com
(702) 592-7673 RA.IBCLC@gmail.com

***Semaj Bruce, IBCLC**

Breastfeeding with Maj
(702) 720-5198 www.breastfeedingwithmaj.com

***Suzette Cruz RN, BSN, IBCLC** (Telehealth)

(702) 812-2223 hottutu1@gmail.com

Taryn Cortini, IBCLC

(818) 984-3086 taryn.cortini@gmail.com

Chante Derella, MA

MamaishCare
(702) 421-5798 chante@mamaishcare.com

Mihaela Dumitru, IBCLC

(702) 525-2275 mihaela.dumitru4321@gmail.com

Monique Gatel, CLC

Milky Way Collective gomilkyway.org
702-900-3372 monique@gomilkyway.org

Jessica Griffin, RN, IBCLC

Lumina Lactation <https://luminalactation.com>
772-212-1516 info@luminalactation.com

***Nicolette Harridge RN, BSN, IBCLC**

(702)764-9290 www.breastfeedingsupportlv.com
Nicolette@breastfeedingsupportlv.com

***Alura Hirsch IBCLC**

Vegas Valley Lactation
(702) 483-0791 www.vegasvalleylactation.com

***Rikki Jenkins, BS, IBCLC, CLC, CBE, Doula**

Sacred Journey LV
(702) 508-8853 www.sacredjourneylv.com

Kayla Kirk, IBCLC, LEC

K + K Lactation
(702)625-1307 www.kplusklactation.com

Iris Kwan, IBCLC

Iris Quach Lactation and Occupational Therapy, PLLC
<https://www.iqlactationandot.com>
702-850-1362 iriskwan@yahoo.com

***Brittni Lents BS, IBCLC, ALC**

Latch Las Vegas
(702) 530-7665 www.latchlasvegas.com

***Ednalyna Martin IBCLC, CBEEd,**

HypnoBirthing Instructor
(725)260-4911 www.thebirthtribe.com

Mari McClenney, IBCLC

Aloha Nutrition
(808) 208-4719 www.aloha-nutrition.com

Colette Moore, BSN, RN, IBCLC

(702) 217-0882 www.lasvegasbreastfeeding.com

Beth Nangano, MPH, IBCLC

Mindful Lactation <https://mindfullactationlv.square.site/>
702-518-0876 Mindfullactationlv@gmail.com

Ana Saldivar, IBCLC

702-232-0644 <https://lactationsupportforyou.com/>
--pump assessment and pressure testing

***Angela Surette, MSN, RN**

(707) 761-7857 angelasurette79@gmail.com

***Autumn Wake, RN, BSN, IBCLC**

Advanced Breastfeeding Support of LV
(702)764-9290 www.breastfeedingsupportlv.com

Lori West, RN, BSN, IBCLC

(707) 468-5966 oreoata@aol.com

***Takes some insurances**

***Disclaimer** Nevada Breastfeeding Coalition cannot be held liable for the practices of providers listed on our resource page. It is for informational resource purposes only. If you have concerns about a provider on this listing, please contact us info@nvbreastfeeding.org. Providers listed in this directory, unless otherwise indicated, charge a fee for their services. Some have a sliding scale, and some accept insurances. The credentials listed after their names are listed as the individual requested and described. None have been verified by NVBC.



2026 Nevada Breastfeeding Coalition Lactation Resource Guide

www.nvbreastfeeding.org Sponsored by: Southern Nevada Health District

Southern Nevada

Lactation Counselors

Aisha Fanning, CLEC, Infant Feeding Specialist/Educator
Vegas Family Doulas
(702) 907-6378 www.vegasfamilydoulas.com

Victoria Flores, CLE
702-972-5610 <https://semillasfylores.org>

Evelyn McCarroll, RN
The Mama Coach (lactation and sleep coach)
(702)610-0281 www.evelyn-mccarroll.themamacoach.com

Jefferyanna Nelson, CLC, Doula
(702) 245-9100 www.swbirthpartners.com

Additional Resources

Kelly Carter, MS, CCC-SLP, COM
Speech-Language Pathologist
702-964-5800 speakeasytherapylv.org

Susan Crutchfield, RN, CLC NFP (702) 759-0892
Get Healthy Clark County
<https://gethealthyclarkcounty.org/>

Tori Diego, Common Spirit
702-620-7801 tori.diego@commonspirit.org

Dignity Health, Maternal Child Health
Kairi Pangelinan, Tawanda Romo 702.616.4918

Dr. Tara Erson, DDS, IBCLC
Pediatric Dentist
702-518-3368 www.smartmouthlv.com

Ruth Hanson, MSN, RN, IBCLC
Mike O'Callaghan Military Medical Center
Pediatric Clinic 702-653-3504
ruth.e.hanson.ctr@health.mil

Shadia Koury
Chiropractor
702-567-5433 chiropracticforlife.org

Breastfeeding & Postpartum Support

Perinatal Mood and Anxiety Disorders (PMADs)
You are not alone. "Speak Up When Down."
(702) 616-4918 www.nvmch.org

Sacred Journey LV
Meal Prep, Classes, Evidence Based Birth, Lactation
(702) 508-8853 www.sacredjourneylv.com

The Healthy Living Institute at UMC
Health & wellness activities & education, lactation consultant
(702) 383-7353 www.umcsn.com

Vegas Family Doulas
Postpartum, Placenta Encapsulation, Infant Feeding
(702) 907-6378 www.vegasfamilydoulas.com

Human Milk Donation

California Mothers Milk Bank -Las Vegas Depots
Semaj Bruce, CLE, IBCLC 702-720-5198
Rikki Jenkins, BS, IBCLC, CBE, Doula 702-508-8853
To become a **Milk Warrior** Donor call: **1-877-375-6645**

Vegas Milk Lounge:
A peer-to-peer support group facilitated by The Nevada Breastfeeding Coalition. We welcome pregnant and postpartum people who are interested in and/or have questions regarding feeding their babies. The support group is run by a lactation educator and Board Certified Lactation Consultant (IBCLC) every Wednesday 11:00-12:00pm at The Healthy Living Institute 901 S Rancho Ln Suite 180, Las Vegas, NV 89106. Walk-ins are welcome!
Scan to Register





2026 Nevada Breastfeeding Coalition Lactation Resource Guide

www.nvbreastfeeding.org Sponsored by: Southern Nevada Health District

Southern Nevada Health District

<https://www.southernnevadahealthdistrict.org>

Nurse Family Partnership-(702) 759-0892 is for pregnant first time mothers. Clients may be paired with a Community Health Nurse & a Community Health Worker who provides education, resources and breastfeeding support in home.

Women, Infants, & Children (WIC)

702-249-0325 www.itcnwic.org 1-800-863-8942

www.nevadawic.org

HEALTHCARE PROVIDERS Request Materials at:

<https://nevadawic.org/healthcare-providers/wic-breastfeeding-support-healthcare-provider-toolkit/>

Southern Nevada

Pahrump/Moapa

Breastfeeding Services

Shadia Koury

Chiropractor

702-567-5433 chiropracticforlife.org

Pahrump Pediatrics

Breastfeeding Services

(775) 318-9300 www.pahrumppediatrics.com

La Leche League

Breastfeeding Support

Faith (702) 885-7591 www.lalecheleaguenv.org

*Pahrump

Carolyn Thompson, IBCLC

Breezy Babies www.breastfeedingsupportlv.com

702-443-6420 carolyn@breezybabies.com

*Moapa

Women, Infants, & Children (WIC)

Nevada ITCN WIC ITCN (Inter-Tribal Council of Nevada)

ITCN Phone: 775-398-4960 <https://itcnwic.org/>

Las Vegas Office: 2920 S Rainbow, Suite 160

Las Vegas, NV 89146



2026 Nevada Breastfeeding Coalition Lactation Resource Guide

www.nvbreastfeeding.org Sponsored by: Southern Nevada Health District

Online Resources

National Breastfeeding Hotline

800-994-9662

Nevada Breastfeeds

<https://nevadabreastfeeds.org/>

Nevada Tobacco Quitline

The Nevada Tobacco Quitline offers free services for women who want to quit tobacco when they are pregnant. When you enroll in the Quitline, you will work with the same Coach for all your appointments. After each call, you will receive a gift card in the mail to help with pregnancy and postpartum expenses. If your doctor approves, you may be eligible for free nicotine patches, gum, or lozenges.

Call 1-800-QUIT-NOW (1-800-784-8669)

Text QUITNOW to 333888

Visit www.gethealthyclarkcounty.org

Healthcare providers can request free materials

www.gethealthyclarkcounty.org/live-tobacco-free/health-care-providers/

Smoke-Free Housing Directory

Living in smoke-free environments is crucial to protecting the health of yourself and your family. The Southern Nevada Health District offers a FREE smoke-free housing directory featuring over 50,000 smoke-free apartments in Southern Nevada.

To find smoke-free housing options in our community, visit

www.gethealthyclarkcounty.org/live-tobacco-free/smoke-free-housing/

Questions? Contact the SNHD Tobacco Control Program at TobaccoProgram@snhd.org or 702-759-1270.

La Leche League Nevada

<https://www.lalecheleaguenv.org/>

La Leche League

Reno/Sparks - <https://llnorcal.org/reno-sparks/>

National Telephone Helplines

Nevada "211" - Helping Nevadans connect with services

Women's Health Resource Line (*English and Spanish*) (800)994-9662 WomensHealth.gov

Infant Risk Center Up-to-date evidence-based information on the use of medications during pregnancy and breastfeeding (806) 352-2519 www.infantrisk.com

Work-Life Law Free legal information for Mothers. (415) 703-8276 worklifelaw.org

The InfantRisk Center helps parents, lactation consultants, and doctors evaluate the safety risks to infants from medication exposure in pregnancy and breastfeeding. The InfantRisk Center answers questions through forums and call centers. They also have an app called MommyMeds. MommyMeds is the premier health & safety app for all pregnant and breastfeeding parents. Ensure safe breastfeeding and care of your baby while using prescription and over-the-counter medication.

Phone number: 1 (806) 352-2519 8:00AM - 3:00PM CST, Monday- Friday

Website: <https://www.infantrisk.com/infantrisk-center-resources>